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The Role of the Islamic Personal Development Program (BPI) in Instilling Islamic Character Values in Students at SMPS IT Al-Hijrah

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Abstract: This research is motivated by the decline in adolescent morals which leads to the inability to reflect a good Muslim and the many competency standards that students must have, especially in integrated Islamic schools. The aim of this research is to determine the role of Islamic Personal Development (BPI) in planning, implementing and maintaining the instillation of Islamic character values in students. This type of research is qualitative with a phenomenological approach. Data collection from observations, interviews and documentation studies. Data analysis techniques are data reduction, data presentation, and drawing conclusions. To ensure the validity of the data, source triangulation techniques were used. The research results show that BPI has a role in planning the cultivation of Islamic character values through preparing a *master plan* for other program activities. BPI has a role in instilling Islamic character values through activities in the main program and supporting programs. BPI has a role in maintaining the cultivation of Islamic character values through filling out *mutabaah yaumiyah* and BPI Report Cards.

Keywords: *Program Role, Islamic Personal Development (BPI), Islamic Character*

Abstrak: Penelitian ini dilatarbelakangi oleh adanya kemerosotan akhlak remaja yang berujung pada ketidakmampuan untuk mencerminkan seorang muslim yang baik dan banyaknya standar kompetensi yang harus dimiliki siswa terlebih pada sekolah islam terpadu. Tujuan penelitian ini adalah mengetahui peran Bina Pribadi Islam (BPI) dalam merencanakan, melaksanakan, serta memelihara penanaman nilai karakter islami pada peserta didik. Jenis penelitian ini adalah kualitatif dengan pendekatan

fenomenologis. Pengumpulan data dari observasi, wawancara, dan studi dokumentasi. Teknik analisis data adalah reduksi data, penyajian data, dan penarikan kesimpulan. Untuk memastikan keabsahan data, digunakan teknik triangulasi sumber. Hasil penelitian menunjukkan bahwa BPI berperan dalam merencanakan penanaman nilai karakter islami melalui penyusunan *master plan* kegiatan program lain. BPI berperan melaksanakan penanaman nilai karakter islami melalui kegiatan yang ada pada program utama dan program pendukung. BPI berperan dalam memelihara penanaman nilai karakter islami melalui pengisian *mutabaah yaumiyah* dan Rapor BPI.

Kata kunci: *Peran Program, Bina Pribadi Islam (BPI), Karakter Islami*

Introduction

Character education is a benchmark in building students' ability to receive knowledge. Good character will make it easier for someone to achieve their goals, therefore character education is important to pay attention too. The researchers observed that education regarding Islamic character is very crucial because currently there is a decline in morals among teenagers amidst the rapid development of science and technology. Digitalization due to developments in the times has become a trigger for deviations in the boundaries of politeness and morality and even deviations from social¹ norms. This is a problem because politeness norms, social norms and religious norms are being eroded. As a human being who wants to gain knowledge, it is appropriate to behave politely towards every school member.

Schools hold a big responsibility to facilitate and teach Islamic values so that these values become a character for students in their lives². In particular, integrated Islamic-based schools which have distinctive graduation standards include having a straight Aqidah, practicing correct worship, having a mature personality and noble character, being a person who is serious, disciplined and able to control his passions, has the ability to read, memorize, and understand the Koran well, have broad insight, and have life skills. Based on initial observations, researchers found that due to the many graduation standards that need to be met by integrated Islamic-based schools, SMPS IT Al Hijrah implemented BPI (Islamic Personal Development) as one of the programs that helps to produce students who have Islamic character with a deep

¹Nur Laylu Sofyana et al, 2023 "Questioning Moral Degradation as an Impact of the Digital Era", *Journal of Management and Islamic Education*, Vol 3, No 4. Page 224

²Abu Samsudin, 2022, *Islamic Character Education: Ulul Albab Character Education in the Koran*, (CV. PENA PERSADA: Central Java) page 44

understanding of Al- The Koran and hadith, form habits of worship, strengthen spirituality with dhikr, prayer and other acts of worship, also teach concern for the surroundings to reflect good Muslim behavior. According to Sofyana, who quotes the opinion of Albert Bandura in her journal, it is said that imitating what she sees influences children's behavior. Because of this, many teenagers experience a decline in morals, the trigger of which is the inability to select things with which they interact. Passionate behavior in teenagers has an impact on moral decline ³. Schools that have a BPI program are usually Integrated Islamic schools that follow the regulations of the JSIT (Integrated Islamic School Network).⁴ Therefore, this research aims to analyze and determine the extent of involvement of Islamic Personal Development (BPI) in planning, implementing and maintaining the cultivation of Islamic character values in students at SMPS IT Al Hijrah.

From previous research conducted by Gilang Panji Prasetya with the title Implementation of the Islamic Personal Development Program (BPI) in Shaping the Islamic Character of Students at Smp It Taqiyya Rosyida Kartasura Academic Year 2022/2023. The research results show (1) the implementation of BPI is carried out through several time groups, daily, weekly and scheduled such as classical, mabit, funiyah and sports. (2) The supporting factor for BPI activities there is that the BPI supervisor teachers are relatively young, making it easier to approach students, while the inhibiting factors include the limited number of teachers. However, in this research, Gilang focuses on implementing character in the lives of students , while the research conducted by researchers is how Islamic character can be instilled in students.

BPI is a group development activity for students guided by educators who are given the responsibility to take over one group. The material taught at BPI focuses on Islamic aspects. Morals and character are defined as habits which are no longer the result of thinking but the result of regular actions or in other words, habits ⁵. A person should force himself to do a good deed repeatedly so that it forms a habit and produces

³Nur Laylu Sofyana, Op.cit, 227

⁴Wati Karmila and Uci Tarmama, 2021, "Instilling Islamic Character Values Through the BPI (Islamic Personal Development) Program at Smpit Al Khoiriyah Garut", *Al-Hasanah : Islamic Religious Education Journal*, Vol 6, No 1, p 90

⁵. Iwan Hermawan, 2020, "The Concept of Islamic Character Values as a Shaper of Human Civilization", *Southeast Asian Journal of Islamic Education Management* , Vol 1 No 2, p 204

good character or morals in him ⁶. Characters that want to be reflected and instilled in students include:

a) Religious

A student's religiousness can be seen from his relationship with God and the extent of his obedience in carrying out the teachings of the religion he adheres to.

b) Honest

The level of honesty of students can be seen through giving school assignments and giving questions during exams. Honest behavior is behavior that really needs to be implemented and must be possessed by every student as the earliest foundation for having an Islamic character.

c) Tolerance

Tolerance is a very important aspect for students as a guide in interacting with other people who have differences from themselves.

d) Discipline

The discipline shown by students is not only useful at school where they will be more respected by teachers and other students, but it will also be easier for them to enter the world of work later.

e) Independent

A person's independence shows a person's mature attitude, therefore this attitude needs to be possessed by students.

f) Curiosity

High curiosity will produce students who dare to explore many new things, they will try to find out and expand their thinking and activities to just want to explore something.

g) Friendly and communicative

Students must have a communicative and friendly attitude in order to communicate well.

h) Like to read

⁶Saepuddin, 2019, "The Concept of Character Education and Its Urgency in the Formation of the Muslim Personality According to Imam Al-Ghazali", *Antimicrobial Agents and Chemotherapy*", Vol 58 No. 12 pg 12

The habits that are instilled in students through routine reading activities will produce students who enjoy reading and are easy to receive a variety of new knowledge.

i) Care about the environment and social

The surrounding environment also requires attention, a healthy and well-maintained environment will have a good impact. A manifestation of environmental care is that students are aware of protecting the environment and preventing environmental damage.

j) Responsibility

A student must be able to carry out his obligations towards himself, the environment and the country, so this is what is called responsibility⁷

Through this, it is necessary to know that instilling Islamic character values in students, Islamic Personal Development, which is a support program from SMPS IT Al Hijrah, has a role in planning the instillation of Islamic character values, implementing the instillation of Islamic character values and maintaining Islamic character values in students.

Research methodology

The research method used is qualitative. This research is descriptive in nature, with the data collected in the form of sentences or images obtained directly, without emphasis on numbers, and taking place in natural conditions (*natural setting*), then carefully recording what happens in the field. The data and facts found are then analyzed and explained so that it is easy to understand

In research at SMPS IT Al Hijrah which focused on class VIII C, researchers used a phenomenological approach. The phenomenological approach aims to understand the basis of direct experience based on the object under study. Then the perspectives of the participants studied were recorded, emphasizing the importance of each individual's view of reality and natural conditions.

⁷Ministry of National Education, School Guidelines for the Development of Cultural Education and National Character, page 9

Data collection techniques include field observations, interviews with relevant informants, and documentation studies. For data analysis, data reduction techniques are used, namely collecting and filtering data and then selecting suitable and less suitable data before including it in the research results. Then the presentation of the data where the data that has been reduced will then be presented in a form that is easy to understand and finally the conclusion is drawn. Re-checking the data using triangulation.

Results and Discussion

The role of BPI in planning the instillation of Islamic character values in students at SMPS IT Al Hijrah class VIII C

BPI at SMPS IT Al Hijrah plays quite an important role in achieving SKL through activities in the JSIT (Integrated Islamic School Network) program because there is a lot of familiarization and material that is covered in discussion through these Islamic Personal Development activities. The planning made by the BPI Coordinator at SMPS IT al Hijrah in implementing Islamic character values in students is by making a master plan. *The master plan* which is *the planning for* BPI material for class VIII is called the syllabus or description of the material and learning that will be carried out at BPI. This *Master Plan* has also been adjusted so that the material presented is acceptable and reaches students' SKL. This plan is also made so that students learn things that they should learn, especially outside of PAI learning, where the time span tends to be less. *The master plan* or material discussion plan created aims to generalize the discussion that will be presented at each BPI meeting within each BPI group. However, in this case *the material plan* is not a benchmark for providing material. Sometimes coaches add material according to the references they have so that students' knowledge becomes wider. So material policy can also be managed directly by BPI activity supervisors in their groups, as stated by the coordinator that each supervisor has the right to deliver material and the methods used to deliver learning material. This *master plan* was created based on the KD and indicators contained in the JSIT (Integrated Islamic School Network) curriculum. *The master plan* in BPI also considers what materials, activities, indicators and forms of activities are appropriate so that the

school SKL can be fulfilled by students. Apart from that, the coordinator also makes rules for implementing BPI activities.

O'clock	Class VII	Class VIII	Class IX
07.00-07.30	<i>Almatsurah</i>	<i>Almatsurah</i>	<i>Almatsurah</i>
07.30-08.00	Recitation of 3 verses	Recitation of 3 verses	Recitation of 3 verses
08.00-08.15	Material	Read the QS <i>translation AT Takassur-Al Balad</i>	Read the translation of QS <i>Al Balad-An Naba</i>
08.15-08.30	Material	Tadabbur Verse	Kulibas
08.30-09.20	Discussion	Material	Material
09.20-09.30	<i>Mutabaah</i> Evaluation	<i>Mutabaah</i> Evaluation	<i>Mutabaah</i> Evaluation
09.30-09.45	<i>Khobar</i>	<i>Khobar</i>	<i>Khobar</i>
09.45-10.00	<i>Duha</i>	<i>Duha</i>	<i>Duha</i>
10.00	<i>Sayonara</i>	<i>Sayonara</i>	<i>Sayonara</i>

Rules for Exploring BPI Activities

Table 1

Based on the cruising rules table, it was found that there were differences between each level. This planning is clearly in accordance with the achievements for students through this BPI (Islamic Personal Development) planning. These activity rules are a routine activity every week carried out in the BPI routine program. BPI's main programs include:

- a. Weekly meeting
- b. Assignment
- c. Night for building faith and piety
- d. *Jalasah ruhiyah*
- e. *Tahfiz*

And supporting programs include:

- a. Congregational prayer
- b. *Shoum sunnah*
- c. *Nawafil*
- d. Tourist work/nature meditation

At SMPS IT Al Hijrah also pay attention to several things before formulating plans for BPI activities carried out at school, such as, ⁸planning a program must consider several things including:

1. Student Needs, paying attention to what students need in their lives
2. Formulating Learning Objectives, in formulating the expectations that students want to achieve.
3. Formulating the material, this needs to be planned so that students are able to understand the material and the material prepared must be adjusted to school achievement indicators.

The Role of Islamic Personal Development (BPI) in Planning the Instillation of Islamic Character Values in Students at SMPS IT Al Hijrah Class VIII C

SMPS IT Al Hijrah is implemented and implemented every Monday. BPI activities start from 07.00 to 10.00. BPI activities are basically activities carried out in small groups. The group divisions carried out in the implementation of BPI are useful for maximizing the instillation of values in students. For example, in class VIII C. Islamic Personal Development which is carried out in class VIII C is divided into two groups with two coaches. A coach has full responsibility for instilling values in the students in his BPI group. Like the BPI group, which is coached by Ustadzah Al Uhti, where in each activity there are rules and regulations agreed upon by each member of the group. BPI class VIII C activities are usually carried out in a comfortable and moving place. BPI activities can be carried out by students and supervisors in school grounds and even in mosques. This causes BPI to not have a special room where these activities can take place. The implementation of BPI activities is handed over directly by the activity supervisor through direct coordination from the BPI activity coordinator

⁸Farida Jaya, 2019, Learning Planning, (UIN North Sumatra: Medan) page 54

at SMPS IT Al Hijrah but with the direction that there is conformity that needs to be aligned at each level. In its implementation, coaches use various methods including:

a) Lecture method

It is a direct delivery method through words by the teacher to students and in this case the teacher is the only source of information. Like just conveying related learning material. The lecture method is used in programs such as weekly meetings and *Jalajah Ruhiyah*.

b) Habituation method

This is the most important method because the habituation method is a method or process that requires students to do something continuously so that students will give the same response when they encounter a similar stimulus. The habituation method is used in programs such as weekly meetings, congregational prayers, *shoum sunnah*, *nawafil*, *tahfiz*.

c) Discussion method

It is a method used to build cooperation and critical thinking for students by communicating the results of their thinking with other people on a problem.

d) Exemplary method

It is imitation, educators are good examples of actions, behavior and words because educators are considered capable of providing role models to those they educate. The exemplary method is used in programs such as weekly meetings and others.

The Role of Islamic Personal Development in Maintaining the Instillation of Islamic Character Values in Students at SMPS IT Al Hijrah Class VIII C

In class VIIIC, students routinely check *mutabaah yaumiyah* every week to find out the quality of the students' worship and coaches can take the next step to instill and strengthen the Islamic character values that have been embedded in students in class VIII C. *Mutabaah yaumiyah* is an evaluation of charity that is carried out every day by

someone, both obligatory worship and sunnah ⁹. *Mutabaah yaumiyah* itself aims to monitor the faith and quality of students' faith in recording *mutabaah yaumiyah*. The form of the *mutabaah yaumiyah* book at SMPS IT Al Hijrah Class VIII C is as follows:

Daily Worship/ Name							
Absence Attendance							
Recital Al-Qur'an							
Qiyamul Layl							
Shoum Sunnah							
Prayer Nursing							
Infaq / Alms							
Pray Morning/Evening							
Read Book							

BPI Group Agenda at SMPS IT Al Hijrah

Table 2

The next step in maintaining Islamic character values is through BPI semester reports. BPI at SMPS IT Al Hijrah already has a special report card containing students' achievements in participating in the Islamic Personal Development program at the school. BPI's participation in maintaining the Islamic character values that have been instilled through the implementation of BPI activities can also be through providing BPI report cards to students. A report card is a report on the results of an assessment of students based on the period and subjects accompanied by an assessment of personality, attitudes and behavior. Based on this theory, it can be said that report cards are useful for reporting to students and parents regarding their learning results during one period.

Conclusion

⁹*of Disciplined Character in Students through Mutaba 'ah Yaumiyah Activities in Class*

Based on the results of the research and discussion that have been presented, the following conclusions can be drawn:

1. The role of Islamic Personal Development (BPI) in planning the instillation of Islamic character values in students at SMPS IT Al Hijrah class VIII C includes:
1) Preparing a *master plan* which is a description of the material and evaluation that will be carried out in Islamic Personal Development activities throughout the year. 2) Arranging BPI's main program and supporting programs, where the main programs include weekly meetings, assignments, evenings for building faith and piety, *jalasah ruhiyah* , and *tahfiz* . And supporting programs include congregational prayers, *sunnah prayers* , *nawafil* , field trips.
2. The role of Islamic Personal Development (BPI) in implementing the instilling of Islamic character values in students at SMPS IT Al Hijrah class VIII C is to carry out a program that has been planned, the Islamic Personal Development program weekly meetings are held every Monday from 7 to 10 with the group BPI consists of 6-12 people and the implementation can be in the classroom or in front of the class or in a comfortable place. Assignments are carried out in line with the implementation of BPI. Evenings for building faith and piety are carried out by male students once a month as well as *spiritual prayer sessions* attended by female students only. Congregational prayers are held at *noon time* , while *nawafil* is done according to the time. *Tahfiz* is carried out at the weekly BPI meeting.
3. The role of Islamic Personal Development (BPI) in maintaining the instillation of Islamic character values in students at SMPS IT Al Hijrah class VIII C is carried out in two ways including: 1) Filling in the *mutabaah yaumiyah book* which includes obligatory practices and sunnah practices which are useful for monitoring the quality of students' worship at home, 2) Providing BPI report cards which are useful for providing the results of the Islamic Personal Development activities that students participate in for one semester, as well as to see the results of their achievements for re-evaluation.

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